

## Do You Want to be Healed? John 5:2-6

- I. Healed?
  - A. I think this is the most important question that we can ask ourselves
  - B. But it requires a few things
    1. We must know that we need healing
    2. We must know who can heal us
    3. We must act on that knowledge
- II. Everyone Needs Healing
  - A. One of the biggest lies told today is that we do not need healing
    1. We think of healing as physical
      - a) It is easy to see when someone needs physical healing
      - b) The people around the pool at Bethesda were invalids — blind, lame, and paralyzed
      - c) We have developed hospitals, Doctors, and even insurance to ensure that we receive physical healing — Our government even instituted a mandatory purchase of insurance to ensure we get physical healing
    2. We think of healing as mental
      - a) Depression, PTSD, low self-esteem, bipolar, personality, and anxiety disorders
      - b) Psychologists, life coaches, self-help gurus abound
      - c) This kind of healing was very popular with the civilian populace a decade or so ago
      - d) Admitting that we need mental healing is not as easy as admitting we need physical healing
    3. These are real illnesses that need real healing
  - B. Most people would readily admit they need physical healing
    1. I just went to the ER Monday because Matthew got his finger caught in a door and we thought it might be broken
    2. There were several different families at the ER seeking medical attention
    3. Even the man Jesus healed was seeking medical attention at the pool of Bethesda
    4. John 5:7 (ESV); The sick man answered him, “Sir, I have no one to put me into the pool when the water is stirred up, and while I am going another steps down before me.”
  - C. Most people who need mental healing can be convinced to get it
    1. We have many avenues for counseling, group therapy, etc.
    2. There may be people here who are licensed counselors or pursuing that career
  - D. When it comes to spiritual healing, most people will neither admit they need it nor seek it out
    1. The Pharisees were dead set against Jesus’ healing
    2. Matthew 26:59 (ESV); Now the chief priests and the whole council were seeking false testimony against Jesus that they might put him to death,
    3. We go out in our city and knock on doors and offer this healing — we don’t often have anyone who desires to accept it
  - E. But humanity has a problem — and it is sin
    1. Adam and Eve, Cain and Abel
    2. All of humanity except Noah
    3. Abraham, David, Solomon, Israel
    4. The Pharisees
- III. Who Can Heal Us?
  - A. Matthew 11:28–30 (ESV); <sup>28</sup> Come to me, all who labor and are heavy laden, and I will give you rest. <sup>29</sup> Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. <sup>30</sup> For my yoke is easy, and my burden is light.”
  - B. Jesus says, “learn from me”

1. Jesus (and His apostles and prophets) is the one who we understand salvation from
2. Ephesians 2:19–20 (ESV); <sup>19</sup> So then you are no longer strangers and aliens, but you are fellow citizens with the saints and members of the household of God, <sup>20</sup> built on the foundation of the apostles and prophets, Christ Jesus himself being the cornerstone,
3. What do we learn?
  - a) That He is the only acceptable sacrifice for us
  - b) That His blood is the only thing that can wash away our sins
  - c) Hebrews 9:11–14 (ESV); <sup>11</sup> But when Christ appeared as a high priest of the good things that have come, then through the greater and more perfect tent (not made with hands, that is, not of this creation) <sup>12</sup> he entered once for all into the holy places, not by means of the blood of goats and calves but by means of his own blood, thus securing an eternal redemption. <sup>13</sup> For if the blood of goats and bulls, and the sprinkling of defiled persons with the ashes of a heifer, sanctify for the purification of the flesh, <sup>14</sup> how much more will the blood of Christ, who through the eternal Spirit offered himself without blemish to God, purify our conscience from dead works to serve the living God.
4. He (Jesus) is the one who can save us
5. Acts 4:11–12 (ESV); <sup>11</sup> This Jesus is the stone that was rejected by you, the builders, which has become the cornerstone. <sup>12</sup> And there is salvation in no one else, for there is no other name under heaven given among men by which we must be saved.”

C. Jesus' sacrifice satisfied God's wrath — He is the propitiation for our sins

#### IV. Action

A. Our response is immense!

B. Don't be fooled into thinking that it is something as easy as being baptized

1. Hear, believe, repent, confess, baptism, living
2. These are important — but Christianity involves a complete shift in our thinking and our actions
3. We must become a new person which means the old person is dead (crucified)
4. Romans 6:5–6 (ESV); <sup>5</sup> For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. <sup>6</sup> We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin.

C. Our whole person changes from who we were to Christians

1. We now think on things that are true, honorable, just, lovely, commendable, excellent, and worthy of praise (Philippians 4:8)
2. We are now focused on being a shining light in a dark world (Matthew 5:14-16)
3. We are a people zealous to do good things for those around us (Titus 2:11-14)
4. We are focused on sharing the Gospel with those who will share it with others (2 Timothy 2:2)
5. This is what Jesus requires of those He calls His own

D. This may seem pretty overwhelming — and it should, it is a big step

1. There are many who have taken the challenge
2. There are many who have changed who they once were and are working to be what God has planned for them
3. We **CAN** let go of the world and cling to the Christ!

E. This is the way to respond to the call of the Gospel

#### V. Do You Want to be Healed?

- A. It is a question we must ask ourselves when presented with Jesus
- B. Do we know that we need to be healed — that we have a sin problem?
- C. Do we know who can heal us?
- D. Do we know how to respond to His call?